

# thecollegian

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VOL. 119 NO. 98

THURSDAY, FEBRUARY 20, 2014

www.kstatecollegian.com

## K-State, Manhattan area briefs

By Karen Sarita Ingram  
The Collegian

**Body identified as missing Junction City woman**  
A body found in rural Geary County on Feb. 12 has been identified as 24-year-old Amanda Clemons, who was reported missing on Feb. 7. An autopsy conducted over the weekend concluded that Clemons died as a result of sharp-force injury. Her death has been ruled a homicide.  
Junction City police arrested three people in connection with the case on Feb. 13. Marryssa Middleton, resident of Colorado, and Larry Lamathis Anderson, Manhattan resident, have been charged with aggravated kidnapping and first-degree murder. Drexel Woody, Fort Riley resident, has been charged with aggravated kidnapping and aiding and abetting murder. All three suspects are being held on \$1 million bond and will be facing court hearings in Geary County.

**Additional college courses approved for statewide transfer**  
Kansas students transferring to a different college or university may soon have help transferring more of their course credits. The Kansas Board of Regents have approved an additional 14 courses that will transfer among 32 higher learning institutions across the state. The changes will take effect beginning in the summer 2014 term. The new courses added to the Kansas System-Wide Transfer list are:  
Acting II  
Art History I – Prehistoric to Medieval  
Art History II – Renaissance to Contemporary  
Chemistry II/Lab  
Childhood Growth and Development  
Elementary Statistics  
French I  
Introduction to Linguistic Anthropology  
Logic and Critical Thinking  
Music Theory  
Social Problems  
Spanish II  
Stage Crafts  
Theater Practicum  
These new additions bring the total number of courses which transfer as direct equivalents at all public postsecondary institutions to 46. For the complete listing of KSWT courses, visit [kansasregents.org/transfer\\_articulation](http://kansasregents.org/transfer_articulation)

**Two Hutchinson High School students plead guilty to hazing**  
Hutchinson News reports that two high school students will face jail time after pleading guilty to misdemeanor charges stemming from a hazing incident last year. Jaiden Casanova and Kendrick Hudson, both 18 years old, pleaded guilty to misdemeanor hazing and misdemeanor battery on Tuesday. Both will face sentences of 30 days in jail and one year of probation. Another 16-year-old student involved in the incident was charged as a minor and placed in state juvenile custody.  
Casanova and Hudson were arrested in connection with a hazing incident at Hutchinson High School that occurred on Oct. 30 and 31, 2013. The incident resulted in two 15 year olds and a 14-year-old being branded by hot metal clothes hangers. The students were all football players at the high school. A police investigation found that the students acted alone without any knowledge or involvement from coaches or other school officials.

CONTINUED ON PAGE 8, "BRIEFS"



PHOTO ILLUSTRATION BY EMILY DESHAZER

## Tips to building strong, interview-getting resumes

By Vanessa Vlasic  
The Collegian

Spring semester means that many college students are frantically researching and applying for summer internships or "real world" jobs. The quality and professionalism of a resume can play a large part in students' success in finding a job or internship, so it's important to polish it before sending it out to potential employers.  
"Sometimes there is a preferred style for resumes and if students are unaware of that style, they are missing out on that chance to succeed," Mary Ellen Barkley, assistant director of the Career and Employment Services, said. "The Career and Employment Center can help students learn how to showcase their skills and build an effective resume."  
A resume is often one of the first things a potential employer will look at when deciding whether or not he or she is interested in an applicant, so it's important to make it a positive representation of the applicant's experiences and skills.  
"It proves to your future employ-

ers that you have put in the time and work necessary to be productive at the job you are applying for," Nick Lawson, junior in agribusiness, said.  
While each industry has slightly different requirements and preferences, following a general set of guidelines can help students succeed in the internship and job seeking world.  
**Tip 1: Formatting**  
Regardless of the content, an employer does not have the time to sort through an unorganized mess of words. The information would be organized and easily accessible. Using logical formatting, making sure the margins are wide enough and the text is legible. Errors are an immediate red flag for employers, so multiple people should look over it.  
**Tip 2: Headings**  
Correct headings can help potential employers quickly understand what information is included in the resume. Common headings include education, research, previous employment, leadership experience, community service,  
CONTINUED ON PAGE 8, "RESUME"

## SGA presidential candidates square off in public debate



ZACH WERHAN | THE COLLEGIAN

By Mike Stanton  
The Collegian

**Jarret Romine**, sophomore in biology, addresses a question during the SGA Debate held in the K-State Student Union Courtyard Wednesday afternoon.

With the primary elections just around the corner on Feb. 25, the two candidates for student body president took the stage with their running mates in the K-State Student Union Courtyard Wednesday afternoon. The four faced questions from a moderator and students in the audience.  
The opening question dealt with the candidates' positions on rising tuition and how they plan to address the issue. Both Reagan Kays, senior in agribusiness, and Jarrett Romine, sophomore in biology, stated their dedication to keeping K-State as affordable as possible. Romine said he plans to pursue initiatives that won't cause tuition or privilege fees to climb, and Kays said he plans to reach out to legislators, alumni and donors to communicate the importance of keeping costs down.  
Several questions dealt with the candidates' platforms and their respective implementations strategies. Kays talked primarily about the effort required to achieve his goal of a medical amnesty program, which would provide limited legal protection for students when seeking medical help for a friend as a result of illegal activity, like underage drinking. Romine focused on his plan to improve the university's SafeRide program, as well as

an idea to construct a pond on Anderson Lawn.  
In response to a question about the timelines of their platform initiatives, Kays and Cody Kennedy, junior in secondary education, said they hope to achieve streamlined tutoring services and implementation of the communication tool OrgSync (which was purchased by the Student Governing Association this term) by the end of their term. Medical amnesty, on the other hand, they said could take up to two years. Romine and AJ Davis, sophomore in finance, said they can accomplish an improved SafeRide program and alternative parking plan within their term.  
Both platforms said they were happy with their performance in the debate.  
"We obviously didn't have as professional answers as (Kays and Kennedy), but I'm not going to say I'm going to do things I can't," Romine said.  
His running mate emphasized that what the two lack in experience, they'll make up for with effort.  
"We're not the most experienced, but we're gonna work hard to make sure everyone gets what they want," Davis said. "We're not gonna be using a blog, we're going to be setting up out here and making sure people have the chance to interact with us face-to-face."



ZACH WERHAN | THE COLLEGIAN

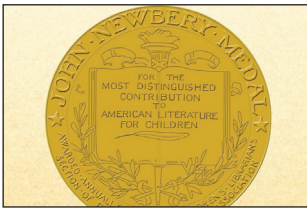
**Reagan Kays**, senior in agribusiness, addresses a question during the SGA Debate held in the K-State Student Union Courtyard Wednesday afternoon. **Jarrett Romine**, sophomore in biology, and **AJ Davis**, sophomore in finance, are competing against Kays, and **Cody Kennedy**, junior in secondary education and math.

CONTINUED ON PAGE 8, "DEBATE"

### INSIDE

### SOCIAL MEDIA

### WEATHER



5 **Winning literature promotes new topics, literacy**



6 **Skin irritation could indicate more problems**

### Question of the Day

"Has the chalk on campus ever inspired or influenced you to do something? If so, what was it?"

Look for the Street Talk section on the opinion page tomorrow to see how K-Staters responded.



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youtube.com/user/Ecollegian



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MEDIA GROUP

### Friday:



High: 57 F  
Low: 27 F

### Saturday:



High: 44 F  
Low: 25 F





**ACROSS**

1 Soft mineral  
5 Weep  
8 Second-hand  
12 Colorful fish  
13 Pussy-Cat's partner  
14 Nixed, at NASA  
15 Viral phenomenon  
16 Author Buscaglia  
17 Biblical kingdom  
18 Put forth  
20 Monet or Debussy  
22 Pond carp  
23 Superlative ending  
24 Active  
27 Lamb, for instance  
32 Altar affirmative  
33 Old Oldsmobile  
34 Discovery cry  
35 Huge

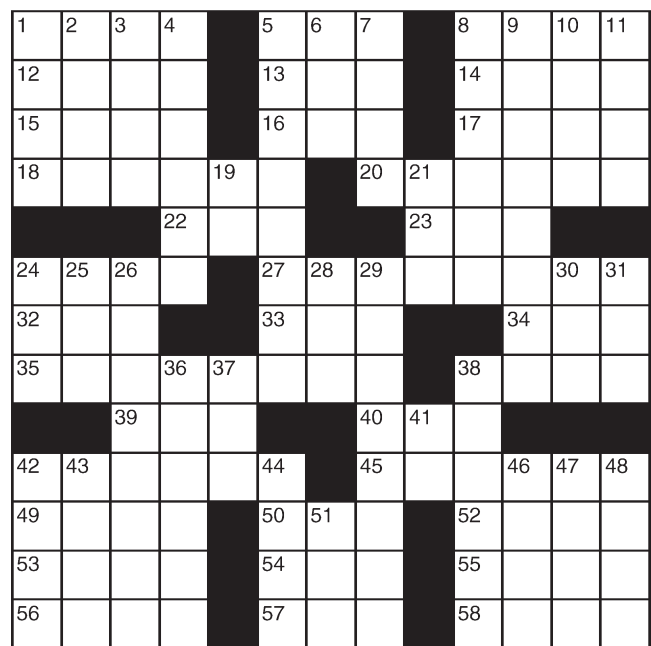
**DOWN**

1 Big book  
2 High spot  
3 Genie's home  
4 Impudent  
5 Gl's  
6 Have bills  
7 United nations  
8 Restless  
9 Answer  
10 "Zounds!"  
11 Cupola  
19 "Abso-lutely not!"  
21 Michele of "Glee"  
24 Pen name?  
25 Ginseng relative  
26 Gram-matical error  
28 Vast expanse  
29 Bank-ruptcy  
30 The girl  
31 Pirouette pivot  
36 Earache  
37 Blue  
38 Chess piece  
41 Indefinite article  
42 Finished  
43 Express-ionist  
44 Count counter-part  
46 — gum (food thickener)  
47 Guy  
48 Un-controlled  
51 Court

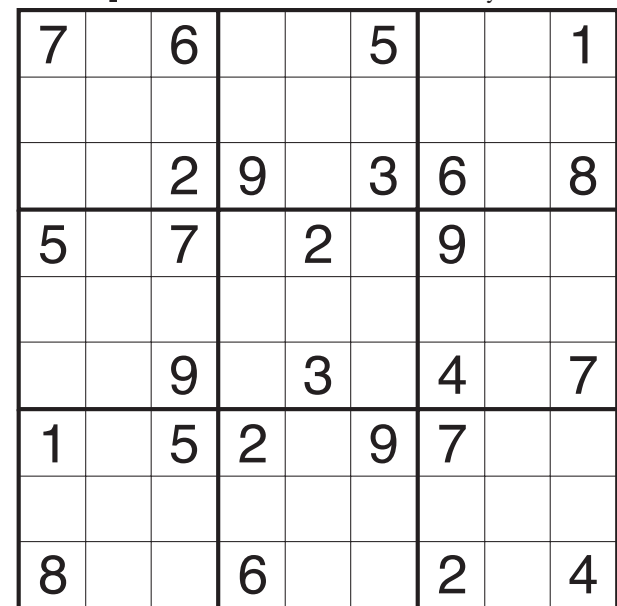
**Solution time: 25 mins.**

B	O	N	D	P	E	T	A	S	I	A
O	B	E	Y	O	N	E	B	I	N	D
D	O	W	N	S	I	D	E	E	D	D
S	E	T	A	E	M	E	T	E	O	R
S	E	T	S	A	S	S				
J	U	S	T	H	A	Y	S	H	I	P
A	S	H	P	I	V	O	T	O	R	E
N	E	O	E	N	V	I	Y	S	W	A
W	O	N		Y	O	R	E			
A	R	C	A	N	A	U	L	T	R	A
B	O	A	S	C	A	S	E	L	O	A
E	S	S	E	M	P	H	E	D	G	E
L	E	E	S	E	R	E	R	O	A	N

**Yesterday's answer 2-20**



### Conceptis Sudoku By Dave Green



Difficulty Level ★★★ 2/20



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The Collegian welcomes your letters. We reserve the right to edit submitted letters for clarity, accuracy, space and relevance. A letter intended for publication should be no longer than 350 words and must refer to an article that appeared in the Collegian within the last 10 issues. It must include the author's first and last name, year in school and major. If you are a graduate of K-State, the letter should include your year(s) of graduation and must include the city and state where you live. For a letter to be considered, it must include a phone number where you can be contacted. The number will not be published. Letters can be sent to [letters@kstatecollegian.com](mailto:letters@kstatecollegian.com).

Letters may be rejected if they contain abusive content, lack timeliness, contain vulgarity, profanity or falsehood, promote personal and commercial announcements, repeat comments of letters printed in other issues or contain attachments.

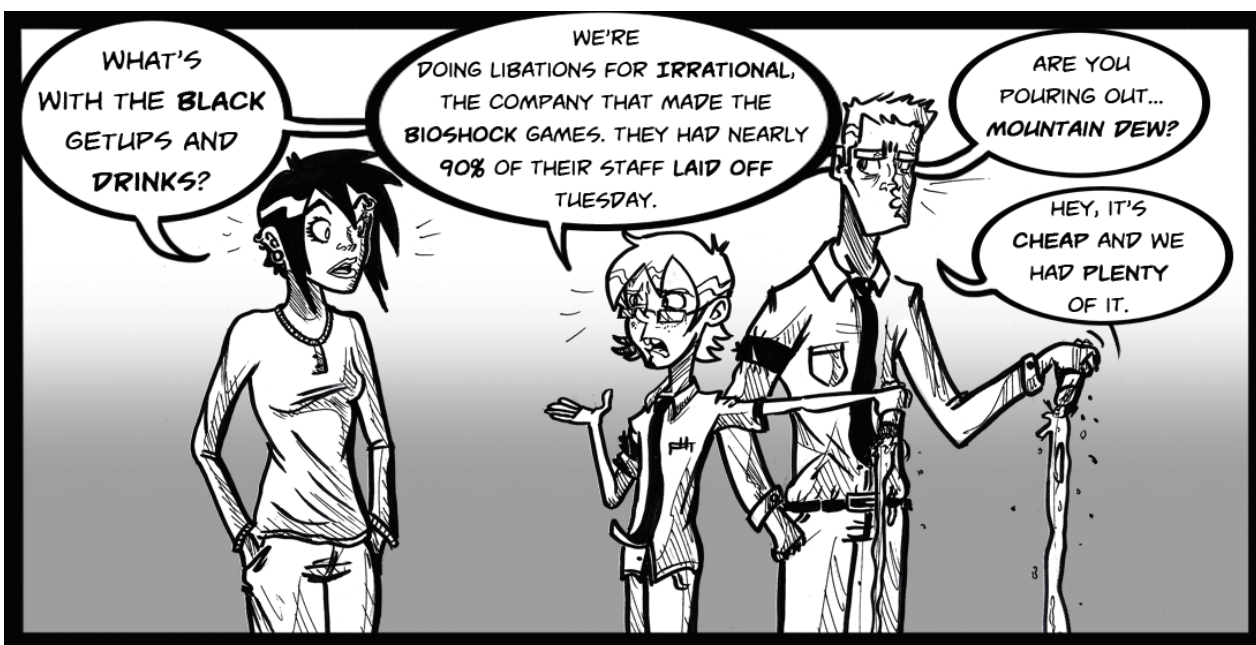
The Collegian does not publish open letters, third-party letters or letters that have been sent to other publications or people.

### CORRECTIONS

If you see something that should be corrected or clarified, call managing editor Jena Sauber at 785-532-6556 or email [news@kstatecollegian.com](mailto:news@kstatecollegian.com).

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## For The Win | By Parker Wilhelm



## the FOURUM.

785-260-0207

The Fourum is a quirky view of campus life in voices from the K-State community. Positive and humorous comments are selected for publication by the Collegian marketing staff.

He must be GTM's number one model

I just want a job where I can be on the Internet all day.

I hear bagpipes. Please tell me I'm not crazy.

College Republican: The Best Party on Campus!

I once ate seven bananas in one minute and three seconds.

The groundhog may have ran back to his hole, but the bagpipe lady is out in force!

Shout out to whoever put the rose next to the dead bluejay outside between the Union and Holtz. That was sweet of you. <3

I'm really sad that Nike shorts are back this spring.

To submit your Fourum contribution, call or text 785-260-0207 or email [thefourum@kstatecollegian.com](mailto:thefourum@kstatecollegian.com). Your e-mail address or phone number is logged but not published.

## THE BLOTTER ARREST REPORTS

Tuesday, Feb. 18

**Brett Michael Wenger**, Colorado Springs, Colo., was arrested in a traffic stop on the 300 block of Bluemont Avenue. Wenger was booked for sale or distribution of illegal drugs, no evidence of a tax stamp and possession of drug paraphernalia. Bond was listed was \$10,000.

**Tracey Jermon Toliver**, 700 block of N. Juliette Avenue, was booked for unlawful possession of hallucinogenic, and possession of drug paraphernalia. Bond was listed at \$12,000. In a separate incident on Feb. 18, Toliver was booked for battery against a law enforcement officer. Bond was listed at \$4,000.

## The Weekly Planner

Thursday, Feb. 20

Ebony Theatre presents "The Story"  
7:30 p.m., Purple Masque Theatre, East Stadium

Friday, Feb. 21

Last day to sign up for A/Pass/F grading option for a regular session course

K-State Intercollegiate Rodeo  
7:30 p.m., Weber Arena

Saturday, Feb. 22

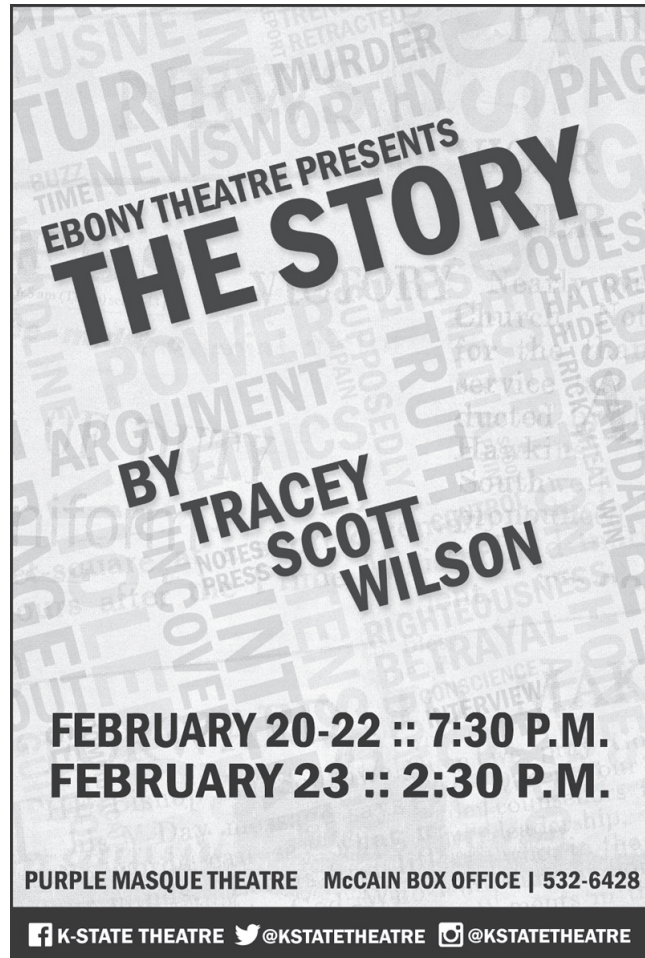
K-State Intercollegiate Rodeo  
1-7:30 p.m., Weber Arena

UPC's The Stand-Up Show  
8 p.m., Union Station

Women's Basketball: K-State vs West Virginia  
5 p.m., Bramlage Coliseum

Sunday, Feb. 23

K-State Intercollegiate Rodeo  
1 p.m., Weber Arena





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## K-State slips by TCU 65-53



Senior guard **Will Spradling** puts up a floater over TCU defender **Karviar Shepherd** during Wednesday night's game in Bramlage Coliseum.

By JOHN ZETMEIR  
THE COLLEGIAN

The K-State Wildcats took a 13-4 lead to start the game over the TCU Horned Frogs Wednesday night in Bramlage Coliseum. From there, it became a series of unfortunate events for the home team. The Wildcats turned the ball over 13 times in the first half, hanging onto a one-point lead at the half time break.

On the defensive end, the Wildcats found ways to disrupt the Horned Frogs. TCU shot 36.2 percent from the field. K-State didn't do much better, they finished at just over 42 percent

from the field. The biggest difference came on the glass. K-State came just one rebound shy of doubling the the Horned Frogs rebound total. Bruce Weber's squad out rebounded TCU 47-24 on the night. Of the 47 total rebounds, K-State nabbed 18 offensive boards.

### Momentum swing

At the 12 minute mark in the second half, senior guard Will Spradling drained a three-pointer to give the Wildcats a 45-42 lead. That basket ignited a 12-2 run by the Wildcats. From there, the road was a little smoother for the Wildcats. K-State outscored TCU 20-11 to end the game.

### X-Factor

More often than not, when you finish with a double-double, you have made your presence felt during the span of a game. Junior forward Thomas Gipson made his presence felt on Wednesday night. Gipson tied his season high with 11 rebounds. His 16 points led the Wildcats against TCU.

### Going Forward

The Wildcats (18-8, 8-5 Big 12) have not lost in conference play at home this season. However, it has been a different story on the road. The Horned Frogs (9-16, 0-13) are the only team that K-State has beaten on the road in Big 12 play.

## Women's basketball falls in Fort Worth 64-44

By JOHN ZETMEIR  
THE COLLEGIAN

After a big win on Saturday, the K-State Wildcats appeared to have momentum on their side Wednesday night in Fort Worth, jumping out to an early 10-2 lead. After that, the home team flexed their muscles, taking over the game. The Wildcats (10-15, 4-10 Big 12) fell to the TCU Horned Frogs (15-11, 6-8 Big 12) 64-44 in Daniel-Meyer Coliseum.

It was freshman forward Breanna Lewis who led the way for the Wildcats on Wednesday. The freshman finished with 14 points along with six rebounds and three blocks.

K-State came storming out of the gates as sophomore guard Bri Craig and senior forward Katya Leick each drained one from outside the arc. The Wildcats held onto a 12-7 lead near the midway point of the first half. But the home team answered right back. The Horned Frogs dominated the rest of the half, outscoring the Wildcats 22-1, giving them a 29-13 halftime lead. The three pointer from Craig was her only basket of the game.

There would be no surge to start the second half for Deb Patterson's squad. TCU pushed their lead to 24 points in the sec-

ond half. The Wildcats found a little more success on the offensive end in the second half, shooting 37.5 percent from the field. In the first half, the Wildcats shot a measly 21.7 percent from the floor. K-State turned the ball over 22 times during the course of the game.

The Horned Frogs turned the player who the Wildcats have been leaning on through the duration of this season into almost a non-factor. Freshman guard Leticia Romero struggled to get into a rhythm. The freshman from Spain finished with nine points off of just 4-11 shooting from the floor.

Senior guard Ashia Woods played all but one minute on Wednesday night. She came up just short of a double-double on the night, finishing with eight points and nine rebounds.

Similar to the men's team, the women have only won one conference game away from Bramlage Coliseum this season. The Horned Frogs sit in seventh place in the Big 12 after the win.

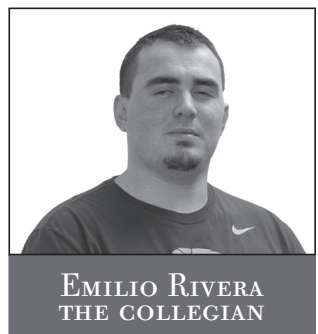
The women will be back in action on Saturday as they return home to take on the No. 13 West Virginia Mountaineers (23-2, 12-2). The Mountaineers have won six straight games entering Saturday's matchup. They currently sit just behind Baylor at the top of the Big 12 standings.

Tipoff is set for 5 p.m. at Bramlage Coliseum.



Freshman guard **Leti Romero** drives through the Red Raider defense during the Wildcats' 60-54 victory over Texas Tech Saturday in Bramlage Coliseum.

## Wildcats domination over Horned Frogs features down-low play in paint



EMILIO RIVERA  
THE COLLEGIAN

In a game where K-State lacked height on the starting line against a big TCU lineup, the front court players for the Wildcats stepped up and dominated in all facets. The Wildcats punished the first and second-string post players for the Horned Frogs.

The Wildcats dominated on the boards with 47 rebounds, 23 more rebounds than the Horned Frogs reeled in. The Wildcats 22-first half rebounds were just

two-less than the Horned Frogs total of 24 for the game.

"[The Wildcats] were more physical," Horned Frogs Junior guard Kyan Anderson said after the game. "It seemed like towards the end they wanted it more, they just made those plays. All lose balls and every second chance opportunities they got, they [converted]."

The front court players of K-State propelled the Wildcats to 15 second-chance points off of 18 offensive-rebounds. Junior forward Nino Williams led the team with four-offensive rebounds, converting into 11 points on the night.

"We just got worn down, their physicality, especially in the post, just wore us down," Horned Frogs head coach Trent Johnson said after the game. "We couldn't keep [the Wildcats] off of the glass. It's not a matter of a lack

of effort, it's just a matter of them being deeper."

A lot of issues for coach Johnson were caused by the foul trouble of his center Karviar Shepherd in the second half. Shepherd committed his third foul with 16:55 left in the game, which put the Horned Frogs in a bind without the size to combat the Wildcats.

The Wildcats were led in the paint by the experience of junior forward Thomas Gipson. Gipson had a double-double on the night to lead the Wildcats with both 16 points and 11 rebounds. Gipson used his size and tenacity to snag rebounds and out-hustle

the Horned Frogs and help his team score 32 points in the paint. After tonight, Gipson averages 6.5 rebounds per game and 11.8 points per game.

"I challenged Thomas to get double-doubles the rest of the year, and hopefully he can buy into that," Weber said.

Gipson answered his coach and focused on his rebounding through the game.

"I just played the part on my team and they challenged me to rebound," Gibson said. "The points will come, that's what I was focused on, rebounding. I will be focused on that for the rest of the season."

Rebounding was huge when the Wildcats were facing a premier shooter of the likes of Anderson, who finished the night leading all scorers with 23 points. Anderson and his team went 17-47 from the field, giving many opportunities for rebounding, which the Wildcats capitalized on.

Weber and his team know how important - and potentially game changing -rebounding can be after learning from their performances like the Baylor game. Games can come down to who can get more opportunities and capitalize on the boards.

"[Rebounding] was huge, it probably has cost us when we

have lost games," Weber said. "They don't have a lot of size especially when they have to go to the bench. It was a great effort by our guys to get Thomas to 11 [rebounds]; 18 offensive board is pretty big, it gives you a lot of possessions."

Rebounding will remain a key for the Wildcats, as they next face Oklahoma, who is ranked fourth in the Big 12 in rebounding as a team, averaging 38.3 rebounds per game.

Emilio Rivera is a freshman in pre-journalism. Please send all comments to [sports@kstatecollegian.com](mailto:sports@kstatecollegian.com).

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# Award-winning literature encompasses challenging works, encourages literacy

By JENA SAUBER  
THE COLLEGIAN

Thousands of children's books are published in the United States each year, but only a handful are awarded prestigious literary awards, such as the Caldecott Medal or Newbery Medal, and stand out from the rest.

These books selected by the American Library Association for prestigious literary awards, based on their writing, illustrations or value in the industry.

## Importance of reading

The awards identify outstanding books for an age group where it is vital to read, Anne Phillips, associate professor of English, said.

"One of the benefits of reading to children is helping them to begin to hear expressions in connections with the words on the page," Phillips said. "I think children who are able to hear tone and expression are far more likely to be successful and lifelong readers if they can hear the text as they read it."

According to Early Moments, a children's book publishing organization, reading can help improve academic excellence, build communication and logical thinking skills, enhance concentration and discipline, strengthen parent and child relationships and more.

"Also, children who have been read to and with will have better vocabularies," Phillips said. "They also will write more

sophisticated sentences."

Reading throughout childhood is essential according to Naomi Wood, professor of English.

"Throughout childhood, reading aloud and reading silently is very important," Wood said. "It's one of those things that there isn't a 'magic bullet period' where if you do it, everything is set. It's a matter of lifelong habits you are building up over a period of time."

Another value of reading to young children is the opportunity to discuss new or challenging topics, said Joe Sutliff Sanders, assistant professor of English.

"It's a time for people to explore situations and philosophy and changing realities of life," Sanders said. "Reading together is a time to reflect on ideas we used to have."

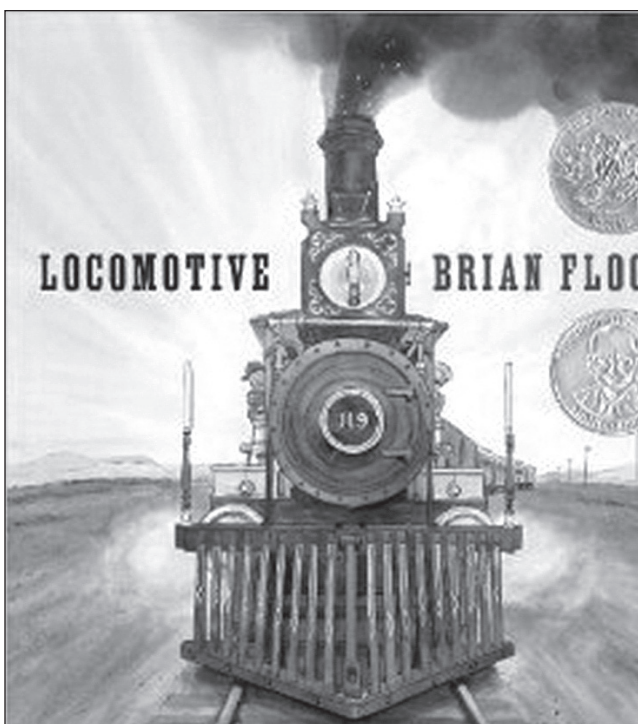
Sanders is currently reading "Emily of New Moon" by Lucy Maud Montgomery with his son. It is the story of an orphan girl in Canada, written by the same author as "Anne of Green Gables." While not eligible for any ALA awards as it is not written by an American author, Sanders said he highly recommends it.

"I read it shortly before I started my Ph.D. program and I couldn't stop thinking about it," he said.

The book brings up issues of religious conflict and family struggles.

"There are things that you never thought to talk to children about, but that you do in order to understand to book," Sanders said. "We had to reflect a lot."

The act of reading to a child



COURTESY PHOTO | ALA

can be rewarding for the reader, as well, Phillips said.

"For adults, there is something so intimate and memorable about sharing a story with a child," Phillips said.

## Reading in college

Reading for enjoyment can be difficult for students in college, Phillips said.

"Many of my students who do identify as readers will tell me that there isn't any time to read, unless they have to read for a class," she said.

Phillips said she recommends making reading an intentional hobby, to make it a normal part of daily life.

"Once they get in the habit, though, they will find themselves making time to read," she said.

Phillips told the story for a student in her Literature for Adolescents class who started the semester not thinking of himself as a reader.

"By the end of the semester, he was opting to spend weekend afternoons reading rather than playing video games or watching television," she said.

Hale Library has a collection of fiction and non-fiction books, as well as children's books. Literature for children, teens, and adults is also available at the Manhattan Public Library, 629 Poyntz Avenue.

## ALA Awards

Books selected by the ALA often present challenging ideas, either in reading level or topic, Sanders said.

"Librarians see themselves as advancing literacy in children and wanting to push children in their reading level and the topics," he said. "They aren't always going to play it safe with the topic or reading level."

Winning an award can have financial and "staying power" for an author, Sanders said.

"If they win, these books are going to be published forever," Sanders said. "There is a large financial benefit from winning."

Phillips said she agreed that winning is a prestigious accomplishment for authors.

"In January, I was able to watch and post to Facebook the results from the live feed of the award announcements, and it was very exciting," Phillips said. "Winning one of these awards can make a huge difference for an author."

## Geisel Award

The Geisel Award, in honor of Dr. Seuss (who's full name was Theodor Seuss Geisel), is given to the most distinguished American book for beginning readers published the previous year.

The 2014 Geisel Award goes to "The Watermelon Seed," written and illustrated by Greg Pizzoli. The book chronicles the tale of a crocodile who loves watermelon; when he swallows a seed, he becomes distraught that a watermelon is growing inside him.

According to the selection committee, the book is told in a straightforward, accessible vocabulary, and includes engaged illustrations that are, "as fresh as a cool slice of watermelon."

The book was published in May 2013, and is available at the Manhattan Public Library.

## Caldecott Medal

The Caldecott Medal, awarded by the Association for Library Service to Children, is given to the artist of the most distinguished American picture book for children. The award is in honor of nineteenth-century English illustrator Randolph Caldecott.

The 2014 award winner is "Locomotive," written and illustrated by Brian Floca.

The story tells the tale of a family taking a weeklong train trip from Omaha, Neb. to Sacramento, Calif. in 1869. The illustrations are meticulously researched, "dramatic watercolor, ink, acrylic and gouache illustrations."

"I thought Floca's book was a little text heavy, and I wasn't as enamored of the illustrations as some others were," Phillips said. "However, I imagine many readers would love the breadth of information in this story about taking the train across the country."

The book was published in September 2013, and is available at the Manhattan Public Library.

## Newbery Medal

The Newbery Medal is awarded to the "most distinguished contribution to American literature for children." It is named after 18th century British bookseller John Newbery.

The 2014 selected book is "Flora and Ulysses: The Illuminated Adventures" by Kate DiCamillo. The children's book follows comic book fan Flora Belle Buckman and Ulysses, a poetry-writing superhero squirrel, as they overcome Ulysses' nemesis and Flora's mother. It is described as a "testament to the power of love."

The book was published in September 2013, and is available at the Manhattan Public Library.

## Pura Belpré Award

Established in 1996, this award is named after Pura Belpré, the first Latina librarian at the New York Public Library. It is awarded to a Latino writer and

illustrator whose work, "best portrays, affirms, and celebrates the Latino cultural experience ..."

"I like this award a lot," Sanders said. "It was named after a librarian who was really key on using books in public spaces with children. She liked books that were 'not safe.'"

The 2014 award winner is "Yaqui Delgado Wants to Kick Your Ass" by Meg Medina. In the book, Piedad "Piddy" Sanchez struggles with her identity and culture after finding out that Yaqui Delgado wants to beat her up. It is a "powerful story about bullying and resilience," according to the selections committee.

The book was published in March 2013 and is available at the Manhattan Public Library.

## Reading for enjoyment

While award-winning books may provide an indication of valuable or influential pieces, Wood said it is important to remember the audience.

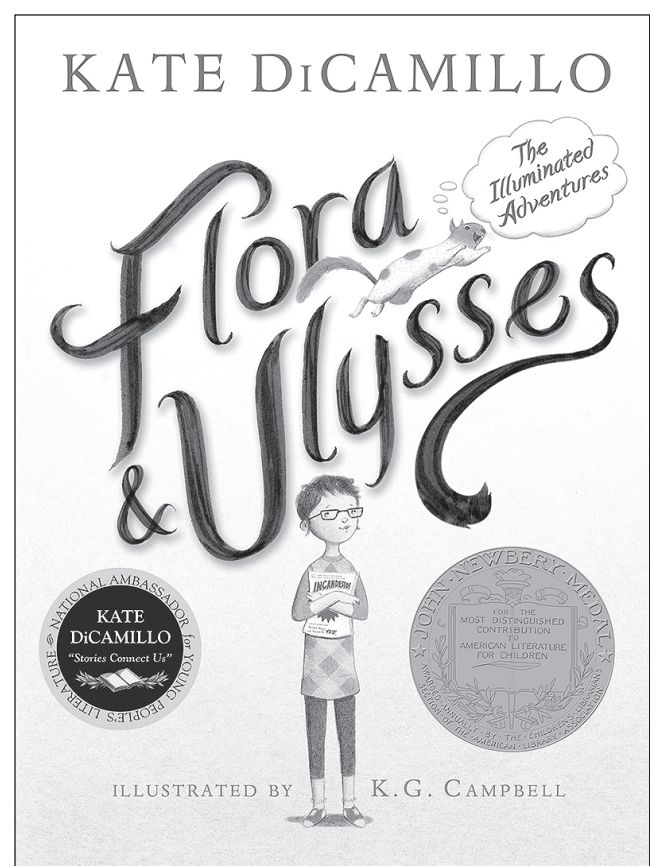
"Look for books that match the interests and orientation of the child that is being targeted – not all children's books are good for all children," Wood said. "Some kids are more interested in how things work, some kids are more interested in far stories, some kids are more interested in every day stories about kids. You have to recognize that children have distinctive tastes."

Whether an award winning book or not, Phillip said she believes that reading is a rewarding and important part of life.

"Reading can be comforting and pleasurable," Phillips said. "It can teach us about ourselves and more about the wide, wide world."



COURTESY PHOTO | ALA

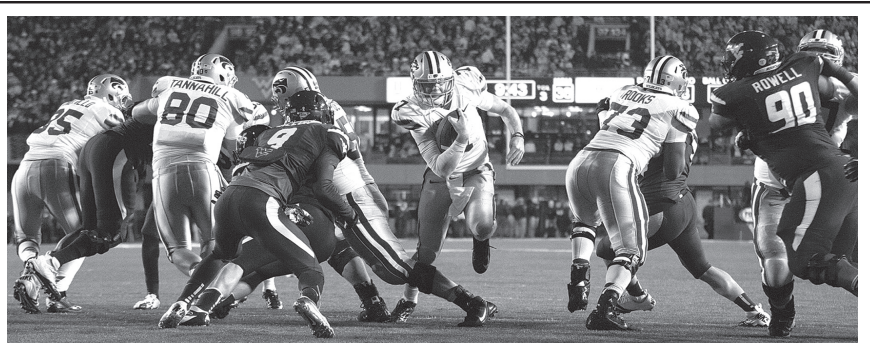


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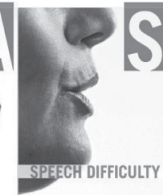
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# WELLNESS GUIDE

## Four surprising causes of sensitive skin

By KAREN SARITA INGRAM  
THE COLLEGIAN

**S**ensitive skin can be an irritating challenge in daily life, but it can also be a red flag of something more serious. Skin is not just something that covers the human body; it is actually the body's largest organ. Skin problems are often the body's way of warning us of other, seemingly unrelated issues.

### Dehydration

Dry, irritated skin is a common winter weather problem. According to an article by Dr. Jessica Wu, a specialist in medical and cosmetic dermatology on everydayhealth.com, skin actually loses some of its ability to hold in moisture during the winter months, which is one of the reasons why it dries out so easily. The air is also less humid, and indoor heating can make the air drier.

This problem is compounded by dehydration. People tend to feel less thirsty and drink less water in the winter than they do in the summer, because they do not tend to sweat as much. Water is vital for proper cell and organ function, including skin. When skin is dry and dehydrated, it can look wrinkled and become more prone to chaffing and damage.

Drinking more water will help, but protecting your skin from the dry air is also important, especially if you spend time outdoors in cold winter air or windy conditions. Wu recommended using lotions and soaps that contain glycerine, which is a compound that is naturally found in fat or oil based products that helps to better lock in moisture.

### Food allergies or sensitivity

It may seem counterintuitive, but food allergies do not always manifest as an itchy throat or stomach problems. Sometimes it can appear as a rash.

"Food allergies cause a lot of



ILLUSTRATION BY CAITLIN MASSY | THE COLLEGIAN

Sensitive skin can be irritating and painful, and may be a symptom of a bigger problem.

skin conditions," said Anna Binder, registered dietitian at Maximum Performance Physical Therapy and Fitness at 426 McCall Road. "About 70 or 80 percent of the immune system is tied to your gut."

An allergic reaction happens when the body rejects a foreign substance. In the case of food allergies, this can include not just the food itself, but chemicals and other substances within the food, making it a complicated process to pinpoint the source of the allergy. It is usually not just one allergy, but several, Binder said.

"I usually warn against people using a blind elimination," she said. "We test for 150 different foods and chemicals. It's kind of like finding a needle in a haystack."

Chemicals found in processed food or preservatives, like nitrates and sulfates, can be culprits, but

there are many natural substances that cause allergy issues. Fructose, a natural fruit sugar found in many foods, can cause allergic reactions in some people. Food allergies can develop at any time, even with foods one eats frequently. It is important to be aware of the symptoms.

Check with a doctor or dietitian to see if food allergies could be a problem with sudden, onset symptoms, as testing will likely be needed. While a food allergy can manifest very quickly after eating a particular food, a less potent food sensitivity can sometimes take days for symptoms to show up. This makes it a lot harder for someone to figure out which food is causing the problem or if food even is the problem, without consulting an expert.

"Eczema and other skin issues can see great improvement

if it turns out food was the issue," Binder said.

### Diabetes

The National Institutes of Health estimates that about 7 million people in the U.S. have diabetes and don't know it. Diabetes can cause serious complications to health without treatment, resulting in things like blindness, nerve damage, coma or even death. It may come as a surprise that one of the first signs of diabetes is often skin problems.

Diabetes can often result in an increase of bacterial infections of the skin. This includes boils, infections around the nails, styes, infections of the eyelid and yeast infections. Fungal infections like athlete's foot and ringworm are also more common in people with diabetes. Localized itching, tin-

gling or numbness can also occur, especially in the hands or feet.

If a person is overweight, does not eat well or diabetes runs in his or her family, that person may be at risk of becoming diabetic. It is important to check with a doctor regularly and monitor blood sugar levels, but especially if skin problems or other symptoms associated with diabetes develop. For more information visit the American Diabetes Association's website at diabetes.org.

### Medication

There are three main ways medication can affect your skin. It can cause an allergic reaction, which results in a bad rash or painful hives. Medications can also react with another medication a person is on or even with a food. Lastly, it can cause photosensitivity, which means someone can become hypersensitive to sunlight and burn easily. All of these reactions are potentially dangerous.

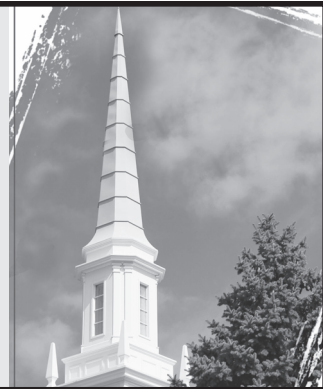
It is important to check with a doctor before taking any new medications. Find out if the drug reacts with other drugs a person might already be on or take on occasion, such as over-the-counter pain medication.

Some medications react with certain foods, such as grapefruit or pomegranate, so research about any common food reactions, too. Finally, make sure to read about and be aware of all of the possible side effects when taking a medication.

Do not stop taking a medication unless instructed by your doctor. In some rare cases, a bad rash or hives caused by medication could be a sign of a life-threatening reaction and need to be treated by a doctor immediately.

It is important to listen to your body. If skin is dry, itchy or doing something else that is not normal, it is the body's way of telling you something is wrong. Don't ignore it or take it lightly. It could just be a mild irritation or annoyance, but it could also be something serious that needs immediate attention.

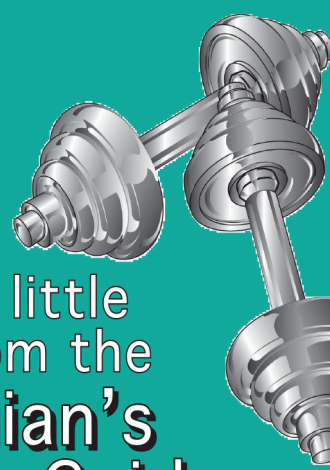
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# WELLNESS GUIDE

## Healthy alternatives counter excuses



JAKKI THOMPSON  
THE COLLEGIAN

There are no shortage of excuses that people use in order to avoid eating healthier or exercising more.

"I'm too busy."  
"I don't have time."  
"It's too expensive."  
"I don't like the taste."  
"I just don't want to."

When it comes down to it, all of these are just excuses not to improve your quality of life. However, there are simple alternatives or trade-offs you can make in your everyday life to improve your health.

### Walk or bike

A simple way to live a healthier lifestyle is to find opportunities for more exercise.

Walking or biking to nearby shopping centers or restaurants instead of driving is a less strenuous form of working out, especially if the establishment is only one mile or so away. Though there are some homes that are quite far from Manhattan, there are plenty of nearby places with areas to walk around. For example, just walking from store to store in Manhattan Town Center for 15-20 minutes is better than no exercise or movement at all.

If a gym membership is accessible and financially attainable, working out regularly at one of the many gym options in Manhattan would also be beneficial. Some gyms even offer 24-hour access, making the lack of time excuse no longer viable.

If you can't justify spending money on a gym membership, the Chester E. Peters Recreation Complex offers free membership to full-time students. So find out the hours of operation, figure out when your schedule allows you to get to the Rec and stay adamant about going during those times. Being "too busy" or "not having enough time" is potentially just poor time management.

### Take healthy foods with you

People will often pack a lunch as an inexpensive alternative to buying a lunch on campus or at a restaurant every day. One way to incorporate healthier alternatives is by packing fresh fruit and vegetables rather than crackers, chips or anything with high amounts of sugar.

Fresh fruit offers a sweet alternative to more bland-flavored vegetables. Fresh fruit also has natural sugars to help satisfy that sweet tooth.

Both fruits and vegetables offer a homegrown, natural approach to receiving essential vitamins and minerals, making them even more beneficial for people with busy lives.

However, checking nutrient levels in your body is probably not at the top of a busy student's to-do list. Rather than spend time questioning whether or not these nutrients are meeting the recommended levels, just chose the obvious healthier alternative.

### Drink more water

Water is a basic necessity of life. However, it can be assumed that the average college student lives chronically dehydrated. While it's just as easy for those avid caffeine drinkers to justify grabbing a soda or coffee over a bottle of water, it is far more beneficial



PHOTO ILLUSTRATION BY PARKER ROBB  
Very simple and effective ways to live healthier include eating fresh fruit, drinking plenty of water and walking or jogging, whether between errands around town or working out at the Chester E. Peters Recreation Center.

to opt for the water.

For the avid caffeine drinker to maintain their normal level of attentiveness requires a daily intake of caffeine, of which increases as a tolerance to its effects develops. Alternating cups of caffeine with cups of water will help keep the tolerance at a manageable level, as well as counteract some of the unhealthy side effects of these drinks — like insomnia and lack of appetite.

Your bank account could also be seeing some negative side effects from that daily run

to Starbucks. Water is often free in public. Even if its not, it is often at least less than its soda, coffee or tea counterparts.

Drinking enough water to stay hydrated is important for everyone. Your body will thank you later.

These simple steps show how everyone can incorporate healthier alternatives into their hectic lifestyles.

Jakki Thompson is a junior in journalism and American ethnic studies. Please send all comments to [edge@kstatecollegian.com](mailto:edge@kstatecollegian.com).

## BRAMLAGE BEATS



Artist Kevin Rudolf plays the guitar and sings on Monday in Bramlage Coliseum. Rudolf opened for Jason Derulo.

Jason Derulo delights screaming audience

Kevin Rudolf warms up crowd, while Derulo's dancing satisfies

Austin Davis  
coverage editor

"Thousands of shrieking fans packed the Bramlage Coliseum last night to see Jason Derulo and Kevin Rudolf rock the house. Bramlage was not completely full, but the energetic fans made up for the absence with their cheering during Derulo's performance. Fans stood through most of the concert, dancing along with the performers on stage.

Prior to the actual singing, the anticipation was palpable. Kiki Landau, senior in economics, accounting, marketing and finance said he went to see the show with a friend. "We actually came because we were excited through the listening With the K-State State competition, Landau said. The Kansas Programming Council was kind enough to provide them to us. They certainly have rewarded us for our hard work."



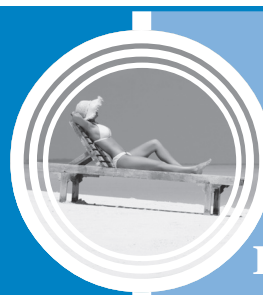
Jason Derulo dances on stage Monday night in Bramlage Coliseum while wearing laser gloves.

Kevin Rudolf started off the night by singing "I Made It" and kept the energy high throughout his set. He played some of his lower-known songs like "In the City" and "No VC." Some of the performance was collaborative with the radio, but for the most part, Rudolf sang with his party of the songs like "Welcome to the World." Of course, the rest of the night came to a close with a rousing rendition of "Let It Rock," his hit that got the most radio play and he ended with a guitar solo.

star of the show, and the volume reached a whole new level. Derulo slowly walked on stage and did the "robot" with gloves tipped with green lights.

Derulo took the night's song from his first album, but he did take the opportunity to do acoustic versions of his songs like "Bling Soli" and "Dilemma." DERULO | pg. 3

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# WELLNESS GUIDE

## Tainted, fraudulent fish bring hidden dangers to healthy eating



KAREN SARITA INGRAM  
THE COLLEGIAN

If you want to eat healthy, but aren't quite ready to go full vegetarian, one of the common solutions is to eat more fish. However, not all fish are created equal; there are some red flags fish shoppers should look for to keep from getting more than what they bargained for.

### Farm-raised fish

If it says farm-raised, consumers should beware. These kinds of fish tend to contain high amounts of mercury, pesticides and other chemicals harmful for humans due to the conditions the fish are kept in. This goes for shrimp, too.

Nutritionists from the nonprofit Food and Water Watch recommend in a Rodale News article that salmon, which is widely recognized as just about the healthiest fish a person can eat, should be avoided altogether if the label says

"farm-raised" or "Atlantic salmon." Atlantic salmon is imported and is almost always guaranteed to be farm-raised, even if the label claims otherwise. Nutritionists recommend only buying Pacific or Alaskan salmon.

### Bad species

Even wild-caught does not guarantee a clean fish. Certain breeds, like orange roughy, shark, swordfish and marlin contain very high amounts of mercury and are not recommended for pregnant women, young children or anyone else for that matter.

Another species to avoid is tilapia, which has become very popular in recent years due to its low price. However, tilapia should be avoided in excess as it has lower levels of the good-for-you Omega-3 fatty acids and higher levels of bad-for-you Omega-6 fatty acids.

### Environmental damage

Speaking of shark, there are a number of fish species that should be avoided. They are being overfished to the point of extinction, which can have serious ramifications on the environment as a whole. Shark, Chilean sea bass and a number of different kinds of tuna are among the list of fish in danger, according to the Natural Resources Defense Council.

### Fish fraud

A study conducted by Oceana in 2013 found that up to one-third of seafood sold in the United States was mislabeled. Some of that could have been accidental, but according to an article by the Food Safety News much of it was straight-up fraud so that cheaper fish could be sold at a premium price. Fraudulent fish are often sold as fillets, nuggets or other forms that make it harder to identify by sight.

Furthermore, the U.S. Food and Drug Administration tests less than 3 percent of imported seafood, which makes mislabeled and tainted seafood a more common occurrence. Oceana found that fish were more likely to be mislabeled in restaurants than in grocery stores, so to ensure the safe consumption of seafood products like sushi, it is a good idea for people to make their own at home.

Education is important to avoid potential illness or other health problems. We are all busy people, so if the time or patience to worry about farm-raised versus wild-caught fish or quality control isn't there, just stick with this simple rule: wild-caught Pacific salmon is one of the safest and healthiest fish in the world.

Karen Sarita Ingram is a senior in English. Please send all comments to [news@kstatecollegian.com](mailto:news@kstatecollegian.com).

## Eating healthier on budget

By KAREN SARITA INGRAM  
THE COLLEGIAN

If your last meal was nestled in a greasy fast food wrapper instead of sitting on a plate, it might be time to think about making some changes.

There are a lot of little things we can do to eat healthy, save money and keep pace with our hectic schedules.

### Your new best friend is the big box of sandwich bags

Hundred calorie snack packs are awesome. They are portable, convenient and they keep you from overeating. The problem with them is, of course, the price tag. They are often far more costly per ounce than buying a big box of the same snack.

The solution is to make your own snack packs. Yeah, this requires a little effort on your part, but if you do it right away after shopping, it integrates nicely into the effort of putting the groceries away. You also have the benefit of being able to customize your own snacks. You like trail mix but hate raisins? No problem. Don't include them.

I also use sandwich bags to make planning meals easier. In case you hadn't noticed, it's really hard to shop for one person. A lot of groceries are designed for a family of four. Meat is a big culprit there.

To save time and money, I buy the big family pack of chicken legs, open it immediately when I get home and stick each one into its own sandwich bag. I squeeze as much air out as possible and throw them into

the freezer. When I want chick, I just take one out of the freezer each night before I go to bed and put it in the bottom of the fridge. It's thawed out in time for lunch or dinner the next day. This works for vegetables, fruit, and just about anything you can buy in bulk.

### Using water filters and reusing plastic bottles

Bottled water is expensive, but it is sometimes more convenient than using a water filter at home. Depending on how you feel about stuff like chlorine in your water, it is arguably healthier, too.

I have been trying to drink more water for my health, but one of the issues I have, especially when the weather is warmer, is that water I bring from home gets uncomfortably warm in my aluminum bottle. I don't know about you, but I find warm water kind of nasty; sometimes I would rather just spend the money to get a cold, fresh bottle.

So what's a good way to save money and keep cold water convenient? That's easy: go ahead and buy some plastic bottles and throw them in the freezer. Take it with you the next day and enjoy cold water over time while it thaws. Then, take the bottle home, refill it with water from your filter, or just regular tap water if you don't particularly care, and freeze it again.

Karen Sarita Ingram is a senior in English. Please send all comments to [news@kstatecollegian.com](mailto:news@kstatecollegian.com).

## RESUME | Keep resumes updated throughout year

CONTINUED FROM PAGE 1

honors and awards and professional associations. Not all of these headings should be used in all resumes, so students should evaluate which ones work best for them. The most relevant or current experience should always be at the top.

### Tip 3: Shaping a Resume

Every job is searching for a different set of skills and experiences, so students need to adjust what they include in their resume to fit the needs of the particular employer. Study the job description and pull "buzz" words into the resume to describe experiences, when possible. Students with particular skills or experiences requested in the job description should include those experiences prominently on the resume.

### Tip 4: Be Specific

Describing experiences and

skills in detail can help employers understand an applicant's experiences; having too many general claims can be detrimental. A resume is supposed to sell an applicant's skills and strengths rather than simply give a summary of all experiences. Include specific achievements and be confident when explaining them.

This aspect can be difficult for some students.

"The hardest part about writing a resume for me is trying to figure out what is important and what I can leave out. It's challenging to decide what your employer will be looking for," Tyler Bastian, sophomore in biology, said.

### Tip 5: Be Ready

Students should keep resumes and other job or internship seeking materials updated. Job opportunities may come up unexpectedly, and it's smart to be prepared.

## DEBATE | Kays says students need to work with administration

CONTINUED FROM PAGE 1

Kays said he thought most people in attendance at the debate already knew who they were voting for, but was nonetheless happy with the opportunity to pitch his ideas.

"I think the most important point from today is that students need to work with administration," Kays said. "We got a lot of questions about that and I think it's important to put forth those student needs, and I think both campaigns learned that today."

Zach Stroth, junior in family studies and human services and student senator in the College of Human Ecology, said he has yet to decide how to cast his vote in the election. Stroth said he learned about both campaigns through the debate, but still has unanswered

questions.

"To me, (Romine's and Davis') SafeRide program is still unclear," Stroth said. "Shifting their wording around to make it more clear that they're improving an existing system and not creating one would help them, but I think it would be beneficial to improve that system, so that's one thing I really liked about theirs."

Stroth also said he identifies with Kays' and Kennedy's plans to improve communication between organizations and streamlining the tutoring service.

"Their platform is to actually implement (OrgSync) and get everyone connected on it, while if they didn't, it's pretty uncertain how that (implementation) would work," Stroth said.

Romine said that he

wished he'd had an opportunity to ask Kays to clarify his plans on OrgSync.

"They admitted it's already been passed through SGA and they said they're just promoting it basically, that's all they really have to do," Romine said. "We can promote just as well as they can. They need to be more specific in saying they're promoting OrgSync and not implementing it, because it's already been implemented if you ask me."

Stroth said he did put a great deal of stock in the way the candidates presented themselves.

"There's a certain formality you need in a debate like that, and anytime you present yourself in front of a lot of people," Romine said. "With a candidate for presidency, I'm going to take that into account."

## BREIF | Beef plant improves economy

CONTINUED FROM PAGE 1

### Southeast Kansas beef plant to add 300 employees

A beef processing company in southeast Kansas announced on Monday that it has plans to expand operations, which will create 300 new jobs over the next five years. Creekstone Farms Premium Beef LLC, based in Arkansas City, Kan., is one of the largest employers in Cowley County and currently employs more than 700 people. The Arkansas City Traveler reports that the city anticipates the new jobs will draw more families to the area, boosting local economy.

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# ATA bus director brings unique perspective with K-State liberal arts degree

By CHEYANNA COLBORN  
THE COLLEGIAN

Her college degree may be in history, but years of real-world experience and open-mindedness has propelled Anne Elizabeth Smith, a 1998 K-State alumna, to her current job position as director for the Flint Hill Areas Transportation Agency.

“Liberal arts in general has served me well in this job,” Smith said. “We are a nonprofit, so I wear so many hats.”

Smith began working for ATA 13 years ago. At the time, the company had two minivans, a car and one 13 passenger bus.

She started on the path to her current position after reconnecting with John McCulloh, professor of history who retired in 2012. John’s wife Karen, a Manhattan City Commission, reintroduced the two.

“(Karen) had talked about Smith and what a wonderful person she was and how she kept writing these grants, successful grants,” John said.

Grants are an important part of the director position, and Smith’s academic experience in history helped prepare her those demands, she said.

## Foreign abilities

Smith also took French courses in college, which helped prepare her for working with international students who use the ATA system, something Laura Monisse, special undergraduate in architecture, said she appreciates.

“I am from Australia, and I found it was a little complicated to get in the groove of using ATA bus, even though English is my first language,” Monisse said. “It is great to have that resource, but if I had spoke another language, I am sure it would have been far more intimidating to use the bus system.”

Smith was concerned about making the bus system equally accessible for students who didn’t speak English as a first language. She made ATA brochures available in Spanish, and said she hopes to find



HANNAH HUNSINGER | THE COLLEGIAN

**Anne Elizabeth Smith** has been the director of the Flint Hills Areas Transportation Agency bus since 2007.

people who can translate the information from English to Mandarin and Arabic to serve more students.

## Student-centered, flexible career path

Smith said she never had a specific career path in mind, and was open to different careers including teaching and managing family-owned property. Ultimately, Smith said she knew she wanted to stay in Manhattan. Her family has lived in Manhattan since 1928.

Since taking over the director position, ATA traffic has increased, Smith said. Between 2012-13, the number of rides provided by ATA increased by 82 percent. They currently own 17 buses.

The success of the pro-

**“A number of times I have drawn upon something I learned because of my liberal arts degree. I know that degree does not always have the best reputation, but the versatility you gain can plug into so many career tracks.”**

ANNE ELIZABETH SMITH  
DIRECTOR OF ATA BUS

gram is a combination of good timing, good relationships and forward thinking, Smith said. It is funded through state and federal grants, most of which require a local match in funds.

K-State has been proactive in implementing public transportation in the Manhattan area, Smith said. Increasing partnership with K-State is important as students are

her number one priority, she said.

“Public transportation is a community service not just a college service,” Smith said. “Asking someone to pay for something everyone is going to use is not ok. I am not supportive of people taking money from college students. They pay so much already.”

Smith remembered that

when she was in college, students paid bonds for Bramlage Coliseum, an experience that influenced her philosophy today.

“I understand as a student it feels like everyone has their hand out,” Smith said.

## Expanding business

Because of the expansion of the program, 30 more employees have been hired, according to Smith.

It is important that they remain financially transparent, Smith said.

“The community can see where the money is going,” she said. “Public transportation has to be cost effective and sustainable.”

Sixty percent of the ATA budget goes directly back into the community through the

payroll of the 43 ATA employees.

“We are taking local investment and bringing in federal and state dollars to our community,” Smith said.

ATA also strives to be environmentally conscious with the buses they buy, Smith said.

“We want to be responsive to the needs of the community and stay economically sustainable and green,” she said.

While the company has increased in employees and services, Smith doesn’t plan to stop working to improve ATA, especially in serving K-State multicultural students.

“I hope ATA bus only continues to grow and can be used easily with one simple brochure that can get people where they need to go,” Smith said.

# K-State sophomore, army specialist wins 'Best Warrior' competition

By JENA SAUBER  
THE COLLEGIAN

He had to wade through miles of waist-deep snow and sub-zero temperatures to get there. But in the end, Spl. Anton Thomas, sophomore in criminology and German, came out on top.

Thomas won the 10th Psychological Operations Battalion Best Warrior Competition in Kansas City, Mo. earlier this year, representing the Army Reserves’ 308th Psychological Operations Company out of Belton, Mo. Thomas is a multimedia illustrator for the company.

The competition tested participants’ physical stamina, navigation abilities, weapons maintenance, military knowledge, first aid skills and more. Each category was scored based on performance; Thomas received the highest overall score out of the eight competitors, winning the four-day competition.

The land navigation aspect of the competition took place after a snow storm that deposited 3 1/2 foot drifts over much of the four mile-plus course.

“I had a map, and I was going off of terrain features,” Thomas said. “I knew the location well, so I went the hard way first, up hills. I fell a few times because it was really slick.”

The navigation exercise came after a 10 kilometer ruck march, where Thomas traveled through snow, carrying one-third of his body weight – about 50 pounds. Four of the approximately six miles in the march had to be run, Thomas said.

“His hands and feet were about frozen when he got back,” said Cpl. Alexis Morales, Thomas’ sponsor and senior in social studies. “He’d been outside for like three hours straight.”

According to Thomas, his hands and feet were nearly frost bitten.

The physical requirements of the competition, including timed pushups and sit-ups, were vital to his overall success, Thomas said.

“If you don’t get all your points or a lot of your points,

you’ve pretty much lost the competition,” Thomas said.

Thomas won the weapon’s exercise, which included assembling multiple weapons. He completed the exercise in 3:34 minutes; the next lowest time was 4:40 minutes.

“Going in, we were told that anything under four minutes was pretty good,” Morales said. “He did it a lost faster than everyone.”

The competition also included a board appearance in front of a battalion command sergeant major and four company first sergeants. Thomas underwent a uniform inspection, drills and ceremony exercises, and questioning session by the board members.

“Either you didn’t know it or you knew it,” Thomas said. “If you didn’t know it, you acted confident and said, ‘First Sergeant, I don’t know the answer. I will get back to you.’”

The questions covered a wide range of topics from what to do if something happens related to nuclear, biological or chemical event, to military leadership and history.

“It was a huge spectrum of questions,” Thomas said. “I was confident in the way I was answering them, and that was something they liked to see.”

Throughout the competition, Thomas was somewhat aware of how he was performing, but he wasn’t keeping close tabs on the overall results.

“I kind of knew where I was at,” Thomas said. “A scoreboard was updated after every event.”

To prepare for the competition, Thomas said he “attended the gym a little more than normal.” He concentrated on running, sit-ups and pushups. He also completed ruck marches to train.

When he won the competition, Thomas was awarded an army achievement medal by the battalion command sergeant major.

“It means a lot,” Thomas said. “I did a lot of preparation. I didn’t let it get to me, I need to keep doing what I’m doing, but it means a lot. I want our company to be recognized.”

Morales said he agreed that winning the competition was an honor.

“It recognizes him as the best lower enlisted soldier in our battalion, which is a pretty big deal,” Morales said. “All of the major leadership in our battalion know who he is know because we won the competition.”

Thomas’ parents were invited to the award ceremony; his mom was able to pin the award on him, a special honor for Thomas.

“I got a little choked up,” Thomas said.

Thomas will move on to the 7th Psychological Operations Best Warrior Competition in Fort Hunter Liggett, Calif. in March. If he continues to win the competitions, he can potentially compete in the Army Soldier of the Year competition; there are three additional competitions after the competition in California before the Army Soldier of the Year.

## Joined in remembrance

Thomas has been been a media specialist for the 308th Psychological Operations Company for four years. The company works to identify foreign populations in area communities and provide them with educational materials and assistance.

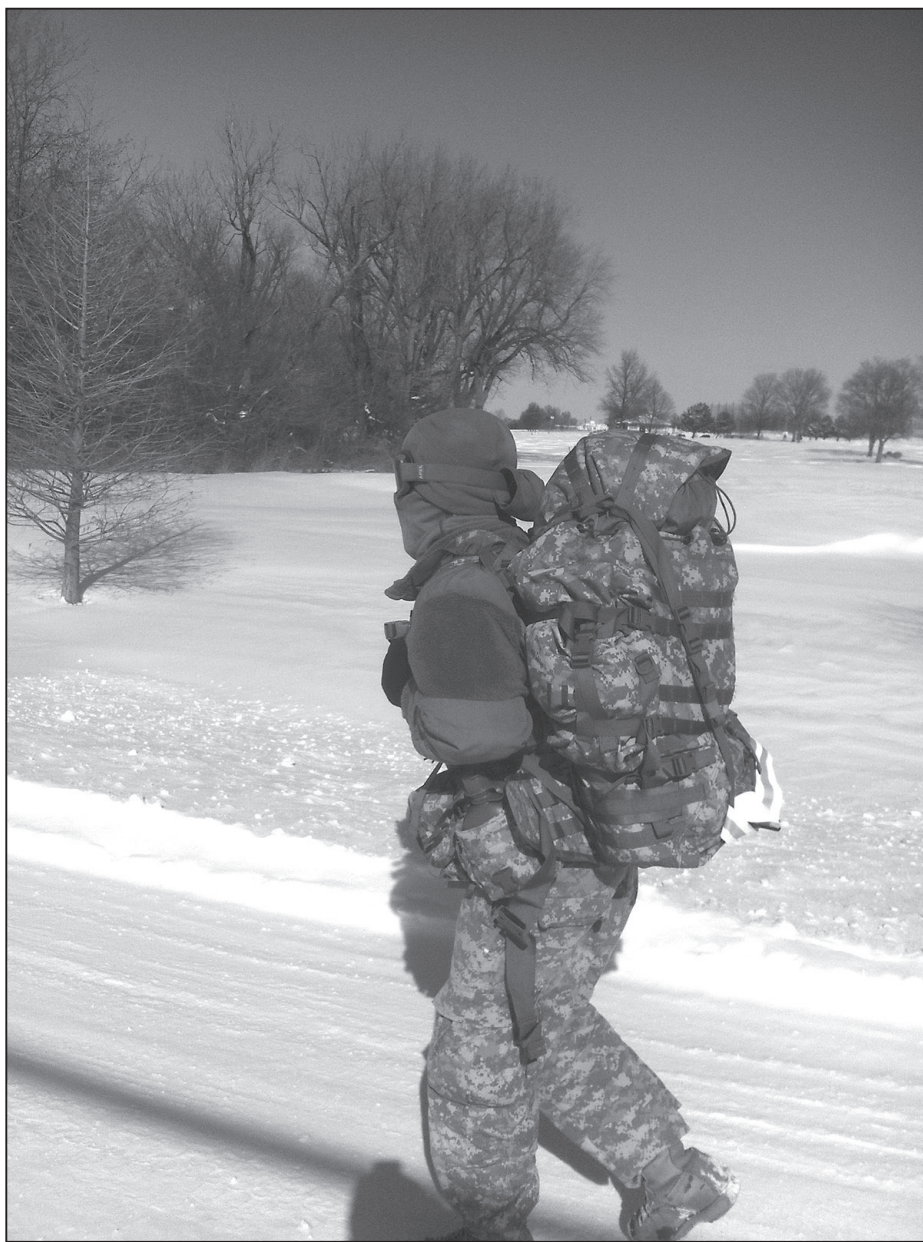
“I joined kind of in remembrance of my grandpa, and because it’s a good opportunity to try something new,” Thomas said. “And my parents didn’t want me to go in active duty right away.”

Morales has helped Thomas navigate the competition, including paperwork and other technical aspects, before and during the competition.

“I’ll be with him until the end,” Morales said.

PHOTOS COURTESY OF THOMAS  
ABOVE: Spc. **Anton Thomas**, sophomore in criminology and German, competes in the ruck march in the 10th Psychological Operations Best Warrior Competition. It required soldiers to complete the 10K carrying one-third of their body weight.

RIGHT: **Cpl. Alexis Morales, Command Sgt. Maj. Andre Mayberry, Spc. Anton Thomas, and 1st Sgt. Jill Chalfant** at The Best Warrior Competition in Kansas City. Thomas won the competition.







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## Swinging Spurs kicks up dancing boots for competition

By CHEYANNA COLBORN  
THE COLLEGIAN

For some, it started when they were in high school. Or when they got serenaded. Or three weeks ago.

The members of K-State's Country Two-Step and Swing Club joined for different reasons, but they stay for the fun and competition.

The club was originally started by Ariel VanHouse, senior in accounting, three years ago. She became interested when a fraternity serenaded her scholarship house, Clovia.

"I thought, 'How come K-State does not have a club like this?'" VanHouse said. "It is a big (agriculture) school. We should have a club like this."

VanHouse decided to be a part of filling that void.

"We used to have it on Monday nights, the 'downer days,'" VanHouse said. "Our main objective was to cheer people up (with) stress relief and physical activity. It also helps people meet people."

They've since moved the

dance night, which they hold in the K-State Student Union Courtyard, to every Thursday at 7:30 p.m.

Last fall, some of the club's members decided to create a competitive performance group known as the Swinging Spurs, a branch-off from the original club.

The push to create a competitive dance troupe from the club came from its adviser, Donita Whitney-Bammerlin.

"I suggested we have this team because there is a lot of talent and a lot of things people would like to watch," Whitney-Bammerlin, academic program coordinator in the department of management, said. "I also thought they could serve as ambassadors to K-State and also advocate for the arts, music and dance, and then showcase some of our student talent."

Thomas Weeks, captain of the competitive troupe and junior in communication studies, said that Whitney-Bammerlin encouraged the Swinging Spurs to form and utilize her network of professional connections to not only find performances, but also to make connections of their own.

"Having the previous idea of the students, plus her having

a better network, (she was) able to reach out to other people and find other events to perform at," Weeks said. "She was really the building block we (needed) to put it together."

The members of the Swinging Spurs currently fund most of the costs to perform themselves.

**"I suggested we have this team because there is a lot of talent and a lot of things people would like to watch."**

DONITA WHITNEY-BAMMERLIN  
SWINGING SPURS ADVISER

However, Weeks said he hopes the club will eventually be able to financially self-sustainable, allowing for performers to be reimbursed for travel expenses to shows and other costs.

"It really does take a lot of time, and hinders other people's ability to get an outside job and do other things" Weeks said.

The troupe usually practices two nights a week for between two and four hours at a time.

However, practice can take up to 10 or more hours a week when the troupe is preparing for a performance.

"We are always busy, always booked up, which only confirmed my original idea that there was a need for entertainment," Whitney-Bammerlin said.

The group performed five times last fall without advertising. The first performance was at the College of Agriculture's barn party. After the performance, the group gave dance lessons to the attendees. The troupe will perform at Union Program Council's Dancing with K-State Stars on Feb. 25.

The members of Swinging Spurs, while all originally active in the Country Two-Step and Swing group, were chosen by four judges. Using a set of auditions, the troupe chose 15 members whom are now included in the performances.

"Judges are completely independent, so we do not judge ourselves," Weeks said. "We bring in outside talent. People from the community who have a background in dance or coaching or instructing."

Ben Bellar, senior in agricultural technology systems, serves

as the troupe's equipment manager and sound technician. He said that the group enjoys trying to perfect past song lists but also looks forward to coming up with new routines.

"They are hoping to come up with a couple new dances this semester, hopefully one to (a) Granger Smith song," Bellar said.

Last semester, the performance song list included "Hicktown" by Jason Aldean, K-State's "Wabash Cannonball," "Cotton Eyed Joe" by Rednex and a Christmas song.

Many members said they enjoy the socializing and developing the skills they have gained from swing dancing. Kellie Young, junior in geology who got started with swing dancing in high school, sees the activity as a life-long hobby.

"I think that swing dance and two-step is great, because most things you do in life competitively or do actively, you will not be able to do those for the rest of your life," Young said. "But I think I will be able to dance the rest of my life. I just like to think that I can dance at weddings anytime, I go out and I can dance. This is something I can do for the next 50 or 60 years."



## Incurring embarrassing accidents can lead to amusing, cherished memories

By LEAH HILL  
THE COLLEGIAN

Most people don't like being embarrassed, but the occasional public mishap or snafu is just a part of life. Having humility can be key to recovering from these embarrassing moments and building character.

Dana Johnson, junior in life sciences, said she has had a few embarrassing events of her own. On one occasion, at the Chester E. Peters Recreation Complex, Johnson and her friend were working out by jumping vertically onto raised platforms.

"I was trying to jump, and I completely missed one," Johnson said.

On her misguided way down, she scraped her leg on the edge of the platform.

"Yeah, there was blood," she said.

After the accident, Johnson and her friend decided to switch workout plans.

Hannah Abell, sophomore in elementary education, said she has also encountered embarrassment at the hands of gravity's. After working out at the Rec, Abell and her friends were heading out the door when she walked off a curb and fell flat on her face.

While her friends helped her up, Abell said she realized

her ankle was already swelling.

"I had to walk around on campus on crutches for a couple of weeks, so that was fun," Abell said.

For Kyle Bannerman, sophomore in general engineering, the accidents he encountered are usually self-inflicted.

Last year, Bannerman met with friends in the fifth floor lobby of Goodnow Hall. When his friends began to roundhouse a few feet from a giant bean bag, Bannerman decided to get involved. Bannerman sprinted toward a friend who was swinging the bean bag in the air and collided with the bag. He landed flat on his back, and came up sporting a quarter-sized rug burn on this left arm.

Looking back, he said that while it was stupid, "it was worth it."

If there was a lesson to be learned, Bannerman said maybe he is, "too influenced by others' peer pressure." However, the rug burn didn't seem to bother him too much.

"I wouldn't mind taking the pain to entertain," Bannerman said.

Another awkward injury for Abell occurred when she and her friends were taking group photos. They decided to attempt to jump in unison to get a group action shot. On the descent, Abell landed on her toes, bending them

abnormally and causing some painful sprains.

"I had to walk around in a boot," Abell said. "But the picture turned out."

Bannerman said he has also had some risky biking moments on campus, where he nearly hit passing pedestrians. Those moments forced him to either bail off the bike, or swerve to miss hitting others.

"At the time people laugh at you, but you just get up and you're like, 'I hope no one saw that,'" Bannerman said.

Whether it was wearing two different flip-flops to class, having her t-shirt on backwards or freezing up while giving a speech, Johnson said she considers all of her embarrassing moments to be character building and comical.

"You have to laugh, shake it off and you know that everyone has done probably the same things or similar things or worse," Johnson said.

From each embarrassing experience, there are lessons that can be learned and memories that can be made. When mishaps do occur, choosing to laugh over getting angry may be the best medicine after all.

*This article was written for an MC200 course in the A.Q. Miller School of Journalism and Mass Communications.*

PHOTO ILLUSTRATION BY TAYLOR ALDERMAN | THE COLLEGIAN

Embarrassing actions happen to everyone, even when the person is not caught doing it. While these embarrassing actions are humiliating at the time, they usually make humorous stories in the future.

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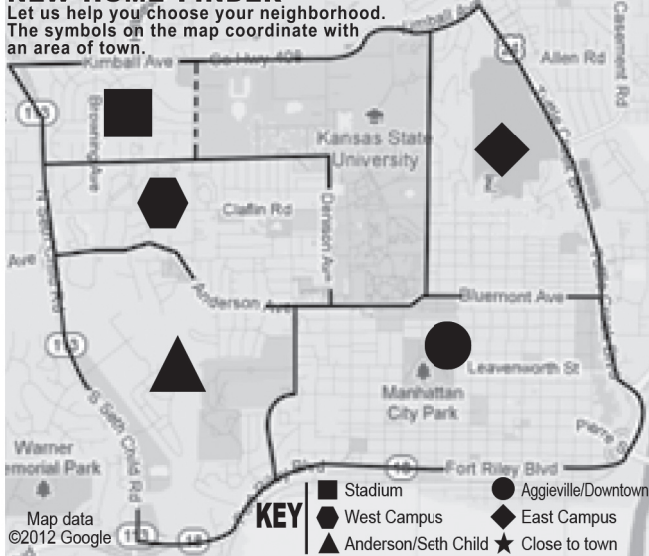
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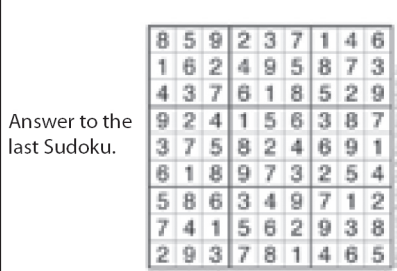
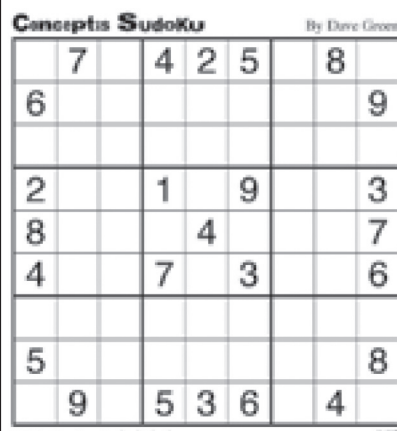
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each word over 20  
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If you sell your item before your ad has expired, we will refund you for the remaining days. You must call us before noon the day before the ad is to be published.

## 100 Housing/Real Estate

## 105 Rent-Apt. Furnished

**STUDIO APARTMENTS** one block from campus. Ample parking, quiet conditions. Available for immediate occupancy. Not accepting applications for June or August at this time. \$375. 776-3624 Leave message.

## 110 Rent-Apt. Unfurnished

**AFFORDABLE KSU** living in two and three-bedroom apartments. Nearly new brick building with an awesome amount of parking. Washer/dryer in each unit. Owner will pay for KSU parking pass. Can't beat this deal. Irvine Real Estate 785-539-9800.

**APARTMENTS FOR** rent for June 1 & August 1 leases within two blocks of K-State's campus. Built in 2012 all units are equipped w/ granite counters, up-graded cabinets and appliances, as well as a washer and dryer. Pet Friendly. For more information visit [www.Back9Dev.com](http://www.Back9Dev.com) or call (785) 236-0161.

**APM - ONE, TWO, THREE AND FOUR-BEDROOMS** AVAILABLE. Great locations. Call 785-539-2300 Ext. 201. [alliancemhk.com](http://alliancemhk.com)

**APM - TWO-BEDROOM.** Great locations. Call 785-539-2300 Ext. 201. [alliancemhk.com](http://alliancemhk.com)

## 110 Rent-Apt. Unfurnished

**CAMPUS EAST** Apartments. Now leasing for August 2014. One and two-bedroom. One block from KSU, small pets okay, pool, on-site laundry, firstmanagementinc.com. Office located 1401 College Ave. 785-539-5911. ■

**CHASE MANHATTAN** Apartments now leasing for August 5, 2014. Two, three, and four-bedroom apartments. Close to campus, on-site laundry, pool, fitness center, small pets ok. Firstmanagementinc.com, 1409 Chase Place 785-776-3663. ■

**FOUNDERS HILL** Apartments. Now leasing for August 2014 - Luxury one, two, three, and four-bedroom apartments. Washer/ dryer, pool, hot tub, fitness center, small pets okay. Firstmanagementinc.com. 1401 College Ave. 785-539-4600. ■

**GREAT LOCATION!** Spacious three-bedroom, two bath, with washer and dryer, close to KSU and shopping. \$960 per month. Call Irvine Real Estate at 785-539-9800, Monday-Friday 9-5 or Marlene at 785-341-8576 anytime for more details.

**LEASE WITH US NOW** for June and August. One, two, three, and four-bedroom units. Contact Marlene Irvine 785-341-8576.

**BEAUTIFUL. CLEAN** three and four-bedroom apartments. Near ATA bus stop, washer/dryer, stainless steel appliances, June lease. 785-632-4892.

## 110 Rent-Apt. Unfurnished

**THREE, FOUR and five-bedroom** homes. 900 block of Leavenworth. Washer/ dryer/ dishwasher. [www.doorbellhomes.com](http://www.doorbellhomes.com). 785-313-2510. ■

**THREE-BEDROOM** two bath duplex with two car garage. Nice location for Vet Student. Clean newer duplex \$1200/ month. Call/ Text/ Email 785-632-0468 [brianj@pab-inc.com](mailto:brianj@pab-inc.com).

**TWO-BEDROOM.** Great location close to campus. Some balcony units, washer and dryer, off-street parking. Water and trash paid. 785-341-4496.

**WOODWAY APARTMENTS.** New specials for immediate move in. Two-bedroom, two-bathroom, den, three-bedroom, two-bathroom, den and four-bedroom, two-bathroom. Specials starting at \$725.00 per month. 2420 Greenbriar Dr. (across from the stadium). [woodwayapartments@yahoo.com](mailto:woodwayapartments@yahoo.com) 785-537-7007. ■

**NOW LEASING** for June and August 2014. One-bedroom in newer complex, two blocks to campus, half a block to Aggieville. All appliances including washer/ dryer provided. No pets/ no smoking policy ensures a clean apartment when you move in. 785-313-7473. [ksurentals@sbcglobal.net](mailto:ksurentals@sbcglobal.net)

**THREE AND four-bedroom** apartments. Close to campus. Washer and dryer included. Call Emily at 785-410-4783.

## 120 Rent-Houses & Duplexes

**APM - FOUR-BEDROOM HOUSES.** Great locations. Call 785-539-2300 Ext. 201 [alliancemhk.com](http://alliancemhk.com)

**AVAILABLE AUGUST.** Two, three, four, five and six-bedrooms. Washer/ dryer. Close to campus. No pets. 785-317-5026.

**FIVE-BEDROOM,** two bathroom, two kitchens, two living rooms, washer and dryer, two car garage. \$340 per bedroom. August lease. Call Jeff at 313-3976.

**FIVE-BEDROOM, ONE** and one-half baths, \$1750/ month. Utilities included. Juliette and Fremont. June lease. 785-341-5091. [manhattanrentals.com](http://manhattanrentals.com). ■

**FOUR-BEDROOM,** two bathroom house with washer and dryer. Close to Campus. Two houses to choose from. Call Doug at (785)313-5573

## 117 Rent-Condos & Townhouses

### NOW LEASING

Close to Campus!  
1030 Kearney  
1131 Bertrand  
1001 Laramie  
2000 College Heights  
1114 Fremont  
519 Osage  
916 Kearney

**HRC** APARTMENTS & TOWNHOUSES  
537-9064  
[www.rentHRC.com](http://www.rentHRC.com)

## 120 Rent-Houses & Duplexes

**NEWER FOUR-BEDROOM** farm house. Close to town \$1500/ month. Call Emily 785-410-4783

**THREE-BEDROOM,** one bath. Six-bedroom, three bath. Two kitchens. Washer and dryer, parking, close to campus. June lease. 785-539-5800. [www.somersetmgmtco.com](http://www.somersetmgmtco.com).

**THREE-BEDROOM** HOUSE in the country! Gas and water paid. Four miles east of the mall off Highway 24 \$725. 3470 Swamp Angel Rd. No pets or smoking. Available now. 785-776-9260.

**TWO-BEDROOM,** one bath, basement apartment. 931 Vattier, August lease. \$650/ month includes water, gas, trash, washer/ dryer, window AC, fenced yard, pet friendly. Close to campus and Aggieville. 785-539-4949.

**THREE-BEDROOM,** TWO bath, two-car garage. Good location for vet student. \$1200/month. Call/ text 785-632-0468. Email [brianj@pab-inc.com](mailto:brianj@pab-inc.com)

## 200 Service Directory

## 255 Other Services

**DISH TV Retailer.** Starting \$19.99/month (for 12 mos.) Broadband Internet starting \$14.95/month (where available.) Ask About SAME DAY Installation! CALL Now! 1-800-723-7142

## 300 Employment/Careers

## 310 Help Wanted

**“PARTNERS in Excellence”** OTR Drivers APU Equipped Pre-Pass EZ-pass passenger policy. 2012 & Newer equipment. 100% NO touch. Butler Transport 1-800-528-7825 [www.butlerttransport.com](http://www.butlerttransport.com).

**AG SHOP** and farm work. Up to 30 hours possible. 30 miles from K-State. 785-457-3534.

**BLUEVILLE NURSERY** is hiring for Full and Part time seasonal laborers. Must be dependable, enjoy working in all weather conditions, perform physical labor, including routinely lifting over 50lbs, and have a good driving record. Please apply at 4539 Anderson Ave, email [mvlgnal@bluevillennursery.com](mailto:mvlgnal@bluevillennursery.com), or visit [www.bluevillennursery.com](http://www.bluevillennursery.com) for an application. EOE.

**BODY FIRST** Wellness and Recreation Center is currently looking for Customer Service Staff for weekends and evenings. The best candidate would be reliable, be interested in physical well-being and have a can-do attitude. Duties include caring for our patrons by greeting and assisting them in a friendly and professional manner, attentively and promptly responding to their needs, entering sales transactions, processing paperwork, helping maintain accurate records, and working consistently to provide a safe, clean facility. Interested applicants can pick up an application or submit their resume at Body First, 3615 Claflin Road.

**HARRY'S KITCHEN TEAM.** Seeking part-time cook, prep cook and dishwasher kitchen team members. No experience required, but preferred. Apply within at 418 Poyntz Ave.

**HEAVY EQUIPMENT** Operator Training! Bulldozers, Backhoes, Excavators. 3 Weeks Hands On Program. Local Job Placement Assistance. National Certifications. GI Bill Benefits Eligible. 1-866-362-6497

**HOWE LANDSCAPE INC** is currently seeking laborers for several of our divisions at our Manhattan and Riley locations. This is for full time and part time help, with flexible schedules for students, which includes meeting crews at the job sites. Applicants need to have a valid driver's license and pass a pre-employment drug test. Apply either in person Monday-Friday, 8-5 at 12780 Madison Rd in Riley; call 785-776-1697 to obtain an application; or visit our website, [www.howlandscape.com](http://www.howlandscape.com) to print a copy of our application.

**JOB OPENING** for an afternoon receptionist/rehab aide at a busy physical therapy clinic. Good personal and computer skills required. Send resume to [luke@mathispt.com](mailto:luke@mathispt.com)

**BOURBON & BAKER; KITCHEN TEAM.** Immediate openings for part-time cooks, prep cooks and dishwashers. No experience required, but preferred. Apply within at 312 Poyntz Ave.

**DRIVERS - CDL-A.** Train and work for us! Professional, focused CDL training available. Choose Company Driver, Owner Operator, Lease Operator or Lease Trainer. (877) 369-7885 [www.CentralTruckDrivingJobs.com](http://www.CentralTruckDrivingJobs.com)

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103 Kedzie Ads scheduled to be printed in the Collegian can be published online for an additional fee. 785-532-6555





# 24th Annual

# 99¢ Day

## TODAY 5 PM - CLOSE

## EVERYTHING IS 99¢

### DRINKS

Gin & Tonic  
Gin & Sierra Mist  
Vodka & Sierra Mist  
Vodka & Tonic  
Vodka & Monster  
Vodka & Cranberry  
Dirty Shirley  
Screwdriver  
Whiskey & Pepsi  
Whiskey & Sierra Mist  
Tequila & Sierra Mist  
Tequila Sunrise  
Amaretto & Sour  
Seagrams & Sierra Mist  
Seagrams & Pepsi  
Captain Morgan & Pepsi  
Jack Daniels & Pepsi  
Crown & Sierra Mist  
Crown & Pepsi  
Grey Goose  
Kettle One  
American Honey  
Caribou Lou  
Malibu & Pineapple  
Jameson & Cranberry  
Rumpleminze  
Margarita  
• frozen & rocks  
• lime, strawberry, cherry, mango  
Southern Comfort  
Makers Mark & Sierra Mist  
X-rated & Sierra Mist  
Long Island Iced Tea  
Sex on the Beach Drink  
Strawberry Stoli & Sierra Mist  
Blueberry Stoli & Sierra Mist  
Vanilla Vodka & Cranberry  
Bloody Mary  
Tuaca & Pepsi  
White Russian  
Tanqueray & Tonic  
Bombay & Tonic  
Sweet Tea Vodka & Sierra Mist

### DRAFT BEER

Bud Light  
Michelob Ultra  
Budweiser  
Rolling Rock  
Boulevard Wheat  
Shock Top Honeycrisp Apple Wheat  
Shock Top Lemon Shandy  
Shock Top  
Guinness  
New Belgium Seasonal  
Tallgrass 8-bit  
Shinerbock Ruby Red  
Tallgrass Wild Plum  
Samuel Adams Seasonal  
Stella Artois  
New Belgium Fat Tire  
Sierra Nevada Pale Ale

### SHOTS

Soco Lime  
Three Wise Men  
Washington Apple  
Ninja Turtle  
Lemon Drop  
Rumpleminze  
American Honey  
Blow Job  
57 Chevy  
Sex on the Beach  
Scooby Snack  
Starburst  
Georgia Peach  
Crown & Peach  
Crown & Butter  
Silver Surfer  
Surfer on Acid  
Cement Mixer  
Apple Jack  
Caramel Apple  
Bloody Brain  
Kamikazie  
Buttery Nipple  
Slippery Nipple  
Viking War Helmet  
Rock Lobster  
Oatmeal Cookie  
Cherry Cheesecake  
Carrot Cake  
Snickers  
Purple Hooter  
Birthday Cake  
Girl Scout Cookie  
Lake Water  
Jolly Rancher  
Pineapple  
Upsidedown  
Prairie Fire  
Starry Night  
Tequila Rose  
Gold Schlager  
Red Headed Slut  
Chocolate Covered  
Pretzel  
Applesauce  
Breakfast  
Fireball  
Rum Chata  
Fire & Ice  
Cinnamon Toast  
Crunch

### BOMBS

Keke  
Vegas  
X-rated & Stoli Strawberry  
UV Blue & Pineapple  
Tequila  
UV Blue  
UV Apple  
UV Cherry  
UV Orange  
UV Cake  
UV Blue & Mountain Dew  
Tuaca  
Skittles  
Caramel Apple  
Breakfast  
Irish Car  
Jager

### BEER

Tallgrass Pub Ale draft  
Tallgrass Ethos IPA draft  
Tallgrass Buffalo Sweat draft  
Freestate Wheat State Golden draft  
Bud Light bottle  
Budweiser bottle  
Bud Select bottle  
Bud Platinum bottle  
Bud Black Crown bottle  
Michelob Ultra bottle  
Michelob Amberbock bottle  
Coors Light bottle  
Coors Banquet bottle  
Miller Lite bottle  
Miller Genuine Draft bottle  
Bud Light Lime bottle

### FOOD

Chicken Fingers  
Sliders  
Curly Fries  
E-dip and Chips  
Sweet Fries  
Crunchy Tacos  
Texas Nachos

## 99¢ Pounders

ONLY Bud & Bud Light

# DON'T MISS IT!